



## Sustainable Scripps Ranch in March

*A Standing Committee of the Scripps Ranch Civic Association*

Thank you for reading this month's  
SustainableSR Digital Newsletter,  
Your connection to all things sustainable.  
Committee members/volunteer wanted.

[Click on this link to contact us by email](#)

### **Solana Center for Innovation**

**Compost: A Misunderstood & Under-Utilized Natural Resource for Creating Healthy Soil, Food, Water & Air Quality**

**Wednesday, March 2, 6-7pm**

Dr. Craig Kolodge, we'll explore the value of amending agricultural soils with compost.

- Assessing the health of our soils and why it is so vital to our very survival to do so
- Myths associated with compost in its many forms and their associated benefits for creating healthy soil, food, water & air quality
- Important role compost plays in the creation, protection and maintenance of healthy soils
- A summary of resources on how to become a "Practitioner of Healthy Soils"

<http://www.solanacenter.org/civicism/event/info%3Fid%3D1988%26reset%3D1>

Free product give away

<https://spvsoils.com/specials/>

**Integrating Compost, Plants, & Water Catchment for Sustainable Farmscaping-virtual**

**Wednesday, March 16, 6-7:30pm**

- Basics of permaculture design
- How water is the driver of the carbon cycle and healthy soils
- Planting strategies to build carbon rich soils and increase water holding capacity
- Planting strategies: cover cropping, contour planting, windbreaks and hedgerows, multi-story cropping and food forests
- The role of compost and mulching in permaculture

<http://www.solanacenter.org/civicism/event/info%3Fid%3D1989%26reset%3D1>

**Traditional Composting & Intro to Bokashi Workshop-in person/ free**

**Institute of Contemporary Art San Diego-North-1550 S. El Camino Real, Encinitas, 92024**

**Saturday, March 26, 2-4pm**

- What is composting and why it is so important

- What tools and materials you'll need
- Which items are compostable and which are not
- What is bokashi, and how is it used?
- What is bokashi, how does it work, and what are its benefits?
- Successfully fermenting your food scraps with bokashi
- Methods for composting bokashi-treated materials

<http://www.solanacenter.org/civicrm/event/info%3Fid%3D1994%26reset%3D1>

## **San Diego Natural History Museum**

<https://www.sdnhm.org/calendar/nattalks-and-films/>

**Thursday, March 3, 3pm in person & virtual**

### **The State of Biodiversity**

Annual event brings together conservationists, land managers, scientists, and natural history nerds for in-depth conversations about our current ecological condition and what's to come.

<https://www.sdnhm.org/calendar/state-of-biodiversity/>

## **North County Climate Change Alliance-virtual Changing Risk of Compound Extremes in a Warming Climate**

**Thursday, March 10, 5:30 -7:30pm**

Deepti Singh, PhD, will discuss observed trends in such extremes, their projections and potential societal consequences.

The western U.S. has experienced several climate-driven extreme events in recent years ranging from record-breaking heat, drought, and intense flood-inducing rainfall. Such widespread extreme events have affected a large geographic region affecting disaster management resources, an individual's ability to avoid impacts, and various societal sectors.

<https://nccalliance.org/event/changing-risk-of-compound-extremes-in-a-warming-climate/>

Check out their recent video Smokescreen: Debunking Wildfire Myths

[https://www.youtube.com/watch?v=c0G-Z9tc\\_90](https://www.youtube.com/watch?v=c0G-Z9tc_90)

## **SDG&E Home Energy-Solar seminars-virtual**

### **Home Energy Efficiency, Solar & Storage**

<https://seminars.sdge.com>

**Wednesday, March 2, 4-7pm**

- Basic solar and storage math so you can design your system with confidence
- The relationship between energy storage and electric vehicles
- How to evaluate solar and storage technologies, financing, and other options
- All about creating your project plan and finding your ideal contractor

### **Home Energy Series Part 1 Energy Usage: Your Home's Energy Usage & Your Utility Bill**

**Wednesday, March 30, 4-7pm**

- Learn how to start upgrading the energy efficiency of your home
- Learn which rate structure is best for your energy usage
- Learn what to look for when evaluating your energy systems
- Learn all about your home's biggest opportunities for energy saving

## **WaterSmartSD--virtual**

**Saturday, March 12, 9am**

### **Installation & Maintenance: Protecting Your Investment.**

Their landscape expert will give you strategies for success when removing your turf, installing your new landscape and maintaining it. You'll learn how to minimize your water use and maximize your enjoyment of an outdoor space.

<https://www.watersmartsd.org/residential/landscape-makeover-program/introductory-workshop/>

### **The Water Conservation Garden-in person 12122 Cuyamaca College Drive West, El Cajon, 92019 Planting Water, Growing Soil**

**Saturday, March 12, 10-11:30am**

Soil is the most efficient water storage you can have on your property, and building good healthy soil benefits every level of a garden ecosystem

<https://thegarden.org/product/planting-water-growing-soil/#>

### **I Love A Clean San Diego-virtual**

**Zero Waste Grocery Shopping workshop-Tuesday, March 15, 5-6pm**

<https://cleansd.org/event/zero-waste-grocery-shopping-workshop-3-15/>

**Practical Path to Sustainable Parenting webinar- Tuesday, March 22, 7-8pm**

<https://cleansd.org/event/a-practical-path-to-sustainable-parenting-3-22/>

**What to Know About H2O workshop-Saturday, March 26, 10am-12pm**

<https://cleansd.org/event/what-to-know-about-h2o-3-26/>

### **San Diego Master Gardener Spring Seminars**

**These Virtual Seminars bring outstanding gardening-related classes to residents.**

**Classes will be pre-recorded & available 24 hours- March 16, 9am -March 27, 12am**

<https://www.mastergardenersd.org/seminar/>

Need advice try their hotline (858) 822-6910 or email [help@MasterGardenerSD.org](mailto:help@MasterGardenerSD.org)

### **Scripps Mesa Garden Club**

**Tuesday, March 22, 5pm**

**Members only tour of a SR garden.**

For more info and how to join -contact [scrippsmesagardenclub1993@gmail.com](mailto:scrippsmesagardenclub1993@gmail.com)

Next month we will be back at our SR library for a talk on snakes and other critters.

[www.scrippsmesagardenclub.com](http://www.scrippsmesagardenclub.com)

### **UCCE San Diego County Farm & Home Advisors Office**

**Starting to Grow Your Own Food?-virtual**

**Saturday, March 26, 10-11:30am**

Learn How to Keep Your Plants Healthy

Learn to Prevent Pests from the Start

Good Bugs and Bad Bugs - A Part of Every Garden

Carolyn Kinnon Environmental Horticulturalist

<http://ucanr.edu/growfood326>

<https://ucanr.edu/sites/socalIPM/files/362018.pdf>

## **Hike with SSR -rain cancels**

**Saturday, March 26, 8:15am**

**Ellie Lane to Table Rock with California Native Plant specialist Lee Gordon**

**Hike will be 3-4 miles, ~600ft elevation gain.**

**Meet at Ellie Lane staging area off Hwy 67- <https://goo.gl/maps/FLLpryHKJND15BCv6>**

**RSVP for more info, updates or cancellation- [sustainable@scrippsrancho.org](mailto:sustainable@scrippsrancho.org)**

## **CA Rare Fruit Grower -San Diego- in person**

**3845 Spring Dr Spring Valley CA 91977**

**Saturday, March 5, 9am**

Grafting Event; 2 free trees with admission fee. Learn grafting how to plant and take care of your fruit forest.

<https://californiararefruitgrowerssandiegochapter.wildapricot.org/event-4681712>

## **Tips**

### **Ways to Cut Your Natural Gas Winter heating Bill-#sdge #SDGEassist**

- Insulate your storage tank and the first 6 feet of both the hot water and cold water pipes connected to the unit. This helps prevent fires and conserves heat so your system doesn't have to work so hard to reheat it.
- Install a timer to turn your water heater off when you go to bed.
- It's a good practice to drain your water heater every 1-2years. It helps remove sediment that can impede heat transfer which lowers the efficiency.
- Consider a current portable space heater. They are energy efficient and can warm the room you're in so you don't have to heat the whole house. Make sure your model has a tip-over safety switch, always operate it on a solid, flat surface and turn it off when you leave the room. Plug directly into wall outlets, not extension cords or power strips.

**Scripps Ranch Civic Association |**

**10755-F Scripps Poway Parkway PMB 613, San Diego, CA 92131**

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